

December 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
25	26	27	28	29	30	1	
2	3 Cheesy baked penne with applesauce	4 Vegetable soup	5 Pulled BBQ pork (or mushrooms) with carrots and ranch	6 Grilled chicken (or eggplant) with lemon garlic broccoli	7	8	
9	10 Olive oil and garlic pasta with apple	11 Black bean soup over rice	12 Turkey and cheese (or veggie patty and cheese) roll ups with applesauce	13 Grilled chicken with zucchini, squash and eggplant	14	15	
16	17 Alfredo basil pasta with fresh tomatoes	18 Chickpea and potato stew over rice	19 Cheese quesadillas with mexican rice	20 Pineapple and broccoli chicken over rice	21	22	
23	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29	
30	31	NOTES					